

Activity: ActewAGL Swing into Life

Level: Year 3 & 4

Strands: Movement and Physical Activity



Content Descriptions	Elaborations
Moving our body	
<p>ACPMP043 Practise and refine fundamental movement skills in a variety of movement sequences and situations</p>	<ul style="list-style-type: none">• performing activities where locomotor and object control skills are combined to complete a movement, task or challenge• performing fundamental movement skills to demonstrate weight transference in different physical activities
<p>ACPMP045 Practise and apply movement concepts and strategies with and without equipment</p>	<ul style="list-style-type: none">• participating in physical activities which require problem-solving to achieve a goal• using different equipment to create an original game or movement challenge
Understanding Movement	
<p>ACPMP047 Combine elements of effort, space, time, objects and people when performing movement sequences</p>	<ul style="list-style-type: none">• using the body to demonstrate an understanding of symmetry, shapes and angles when performing movement skills, balances or movement sequences
Learning through Movement	
<p>ACPMP048 Adopt inclusive practices when participating in physical activities</p>	<ul style="list-style-type: none">• using cooperative skills to complete a movement task, such as a partner balance, partner passing strategy or team strategy
<p>ACPMP049 Apply innovative and creative thinking in solving movement challenges</p>	<ul style="list-style-type: none">• transferring and applying skills to solve movement challenges• testing alternative responses to movement challenges and predicting the success or effectiveness of each• posing questions to others as a strategy for solving movement challenges• drawing on prior knowledge to solve movement challenges

